

January 2022

Total Self-Confidence

Winning Black Belts have the ability to accomplish anything they are willing to work to achieve. They are not intimidated by the negative reactions of others – nor do they get mired in mediocrity. They rise above the crowd and achieve great heights.

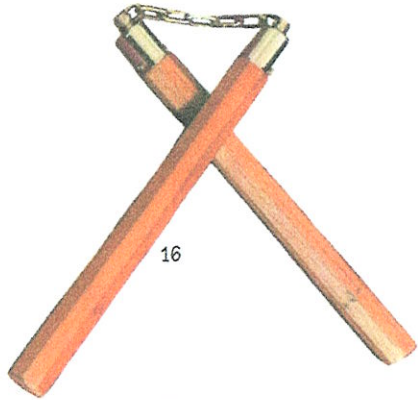
February

S	M	T	W	T	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28					

Birthdays

6th	Tristan
10th	Dylan
16th	Miss Perez
20th	Professor Williams
20th	Cyrus
23rd	Danicka

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY



16

10

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Forms Week! Bring Your Weapons!

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Testing Week for White through Green Belts!

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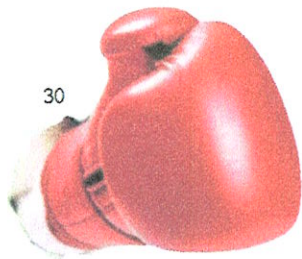
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Sparring Week! Remember Your Gear!

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31



Coaching & Leadership Classes

Coaching

11 and under - 1pm-2pm
12 and up - 2pm-3pm

Leadership

11 and under - 3:30pm-4:30pm
12 and up - 4:30pm-5:30pm

Upcoming Event
Staff Seminar - Date TBD