

_____ Name

YELLOW BELT KARATE HOMEWORK CARD

2

HOW MANY TIMES DID YOU PRACTICE...?

Date: _____ **Blocking Set 1**

Date: _____ **Short Form 1**

For the chart to the right, pick FIVE Yellow Belt techniques to practice. These should be the last five that have not yet been learned.

Learn Your Orange Belt Pledge:

I understand that I am but a beginner in a new and fascinating art which will direct me to greater obligations and responsibilities. To honor my obligations and responsibilities I pledge myself to serve my instructor, fellow students and fellow men.

Technique	Date	Parent Sign

Parent Sign: _____ **Instructor Initial:** _____