

3RD BROWN BELT KARATE HOMEWORK CARD

2

Name

HOW MANY TIMES DID YOU PRACTICE...?

Date: _____ Kicking Set 1

Date: _____ Coordination Set 1

Date: _____ Stance Set 1

Date: _____ Striking Set 1

Date: _____ Finger Set 1

Date: _____ Coordination Set 2

Date: _____ Stance Set 2

Date: _____ Blocking Set 2

Technique	Date	Parent Sign
Raining Lance		
Desperate Falcons		
Leap of Death		
Protecting Fans		
Deceptive Panther		
Courting the Tiger		

Parent Sign: _____ Instructor Initial: _____