
Name

3RD BROWN BELT KARATE HOMEWORK CARD

3

HOW MANY TIMES DID YOU PRACTICE...?

Date: _____ Blocking Set 1

Date: _____ Short Form 1

Date: _____ Long Form 1

Date: _____ Short Form 2

Date: _____ Long Form 2

Date: _____ Short Form 3

Date: _____ Long Form 3

Technique	Date	Parent Sign
Gathering of the Snakes		
Glancing Lance		
Dominating Circles		
Destructive Fans		
Unfurling Crane		
Grasping Eagles		

Parent Sign: _____ Instructor Initial: _____