

February 2021

Success Skill for Month: !! Get it done!! Don't Quit!!! Continue that journey to Black Belt!!

Let's get back on that Karate Wagon! Lots of skills to learn & goals to accomplish!! Gotta stay Healthy, Physically & Mentally!! No one's gonna do it for us!!!

We will continue to train safely & Use all of our safety protocols at the school.



FEBRUARY EVENTS: WE WILL BE OPEN FOR IN PERSON CLASSES ON TUESDAY & THURS.!

We are hoping to be open more days very soon! We are still on Zoom also! Weather permits, Target Class! and Board Breaking Class!!!



SUN. MON. TUES. WED. THUR. FRI. SAT.

SUN.	MON.	TUES.	WED.	THUR.	FRI.	SAT.
Techniques Week! 1 Zoom Class 4pm, 5pm, 6pm, 7pm, 8pm	2 School open for In-person Classes! 5pm(Beginner), 6pm (Level 1/2), 7pm (Level 1)	3 Zoom Class 4pm, 5pm, 6pm, 7pm, 8pm	4 Zoom Class 5pm,6pm, 7pm, 8pm (Instructor)	5 School open for In-person Classes! 5pm (special class for white belts) 6pm (Level 1/2), 7pm (Level 1)	6	
7 Forms, Sets, Weapons Week!	8 Zoom Class 4pm, 5pm, 6pm, 7pm, 8pm	9 School open for In-person Classes! 5pm(Beginner), 6pm (Level 1/2), 7pm (Level 1)	10 Zoom Class 4pm, 5pm, 6pm, 7pm, 8pm	11 Zoom Class 5pm,6pm, 7pm, 8pm (Instructor)	12 School open for In-person Classes! 5pm (special class for white belts) 6pm (Level 1/2), 7pm (Level 1)	13
14 Techniques Week!	15 Zoom Class 4pm, 5pm, 6pm, 7pm, 8pm	16 School open for In-person Classes! 5pm(Beginner), 6pm (Level 1/2), 7pm (Level 1)	17 Zoom Class 4pm, 5pm, 6pm, 7pm, 8pm	18 Zoom Class 5pm,6pm, 7pm, 8pm (Instructor)	19 School open for In-person Classes! 5pm (special class for white belts) 6pm (Level 1/2), 7pm (Level 1) Belt Testing & Promotion!	20 Target & Board Breaking Class! At School! Beginners: White & Advanced Yellow 1-2pm Advanced: Orange & up 230-330pm
Testing Week! Don't forget to have all your Karate homework turned in!						
21 Sparring & Cardio Week!	22 Zoom Class 4pm, 5pm, 6pm, 7pm, 8pm	23 School open for In-person Classes! 5pm(Beginner), 6pm (Level 1/2), 7pm (Level 1)	24 Zoom Class 4pm, 5pm, 6pm, 7pm, 8pm	25 Zoom Class 5pm,6pm, 7pm, 8pm (Instructor)	26 School open for In-person Classes! 5pm (special class for white belts) 6pm (Level 1/2), 7pm (Level 1)	27 !!!Happy Birthday!!!
28 If you can't come to class, please do your class at home on Zoom!			Beginner: White and Yellow belts Level 1: Leadership Yellow to Adv. Orange Belts Level 2: Leadership Purple to Adv Green Level 3: Leadership 12 yrs & up Brown & Black Belts			(If I missed anyone, Please let us know) 11 th Hunter 26 th Kara

Student Website: www.fresnokenpokarate.com, Like us on Facebook! Join our Fresno Kenpo Karate Challenge Facebook Page!

Subscribe to Sascha Williams, and Amazing Kenpo, and Castellanos Kenpo Karate on YouTube! Text Mrs W for password for website